

# WHAT NOW?...

## Cancer Support Session

You might have questions ...

You might not know where to turn ...

Come along for an information and guidance session to discuss what happens now and how the cancer support team can help you.

### Advice about:

- teams and terminology
- emotional wellbeing
- managing fatigue
- eating well
- activity and exercise
- local and national support
- financial support

We work alongside clinical teams at Salisbury District Hospital to help support you throughout your cancer diagnosis, treatment and beyond. These sessions are open to patients, carers, family, friends and anyone affected by a cancer diagnosis. Please join us and meet your local Cancer Support Team.

**Friday 31<sup>st</sup> January – 10:00am to 11:00am**  
**Friday 28<sup>th</sup> February – 10:00am to 11:00am**  
**Friday 27<sup>th</sup> March – 10:00am to 11:00am**  
**At Salisbury District Hospital.**

**If you would like to attend please contact  
us on 01722 336262 ext. 2417**

In partnership with

**MACMILLAN  
CANCER SUPPORT**

